



s u p e r i o r  
**SHAPE**

Outdoor Fitness Products

superior  
SHAPE

MADE IN THE  
USA



Enhance your park or public facility by encouraging physical fitness. Customize a training circuit to fit the needs of your space. Shown here: Glider, Dip/Pull-Up, Back Stretcher, Sit-Up Bench, Cross Country Trainer, Multi-Stretch and S-Jump Beam.



Pull-Up/Dip Station

Item #	Weight	Price
AFT-14031	155 lbs	\$1,275



Multi-Stretch

Item #	Weight	Price
AFT-15084	100 lbs	\$495

Experience a new level of physical fitness and comfort with our new line of dedicated outdoor fitness equipment, Superior Shape. Designed with ergonomics in mind, Superior Shape products are the perfect addition to any outdoor area from beaches and walking trails, to your children's playground area or ball field or even for businesses to support healthy habits for their employees.

Made from the highest quality galvanized steel tubing in the industry, Superior Shape products are built to last and made to stand up to the elements. Each product is designed with architectural appeal as well as functionality. Most pieces have multiple functions so a variety of muscle groups are worked more thoroughly. Choose your favorite powder coat color (page 7) to blend into your surrounding area or match existing equipment.

Superior Shape is a complete outdoor adult fitness line. Warm up with our stretchers and follow with a smooth cardio session with the Glider or Cross Country Trainer. Superior Shape also offers an intense upper body muscle building experience with our Seated Row, Press and Pulldown Machines. Our strength training machines are the only outdoor fitness equipment pieces on the market that feature a 3-level adjustment and use your body weight as resistance. This makes Superior Shape the most versatile equipment for men and women of all fitness levels.

Any of the pieces shown on pages 4 and 5 with the exception of the Cross Country Trainer, may be purchased as a single or double unit, or mix and matched as a combination unit. A matching shade addition may also be purchased for these units for \$595.00.



Back Stretcher

Item #	Weight	Price
AFT-14038	115 lbs	\$539



Sit-Up Bench

Item #	Weight	Price
AFT-13972	100 lbs	\$1,015



Our strength training machines come with exercise instructions that are located directly on the unit.



Glider

Item #	Weight	Price
AFT-14005	190 lbs	\$1,345



S-Jump Beam

Item #	Weight	Price
AFT-15528	100 lbs	\$675



Seated Row/Seated Press Combo

Item	Item #	Weight	Price
Combo	AFT-15070	215 lbs	\$2,900

Shade Addition Available



Seated Row/Seated Press Combo with Shade Option

Item	Item #	Weight	Price
Combo	AFT-15070	372 lbs	\$3,495
Shade Addition Only	MSA-15424	157 lbs	\$595



Exclusive 3-Level Resistance Adjustment



Seated Row

Item	Item #	Weight	Price
Single	AFT-14790	140 lbs	\$2,100
Double	AFT-15071	215 lbs	\$2,900



Seated Press

Item	Item #	Weight	Price
Single	AFT-14788	140 lbs	\$2,100
Double	AFT-15066	215 lbs	\$2,900



Lateral Pulldown

Item	Item #	Weight	Price
Single	AFT-14789	140 lbs	\$2,100
Double	AFT-15063	215 lbs	\$2,900



**Cross Country Trainer**

Item #	Weight	Price
AFT-15240	200 lbs	\$2,099



**Oblique Isolator & Multi-Hip Combo**

Item #	Weight	Price
AFT-15164	150 lbs	\$1,799



**Shade Addition Available**



**Tripod Fitness Station**

Item #	Weight	Price
AFT-15072	305 lbs	\$4,125



**Oblique Isolator**

Item	Item #	Weight	Price
Single	AFT-15192	90 lbs	\$1,100
Double	AFT-15174	160 lbs	\$1,800



**Multi-Hip**

Item	Item #	Weight	Price
Single	AFT-15145	80 lbs	\$899
Double	AFT-15170	140 lbs	\$1,600



Parallel Bars



Pull/Chin Up Bars



10 Station Fitness Course



Jump Touch Beam



Stretching Post



Horizontal Ladder



Balance Beam



Spring Up Bars



Sit Up Bench



Vertical Ladder



Beam Run

## Fitness Course

The Fitness Course is designed to provide levels of challenge for older children and adults. Available signage explains the various events and gives suggestions for physical programs and warm-up/cool-down routines. The events can be laid out as shown, along a pathway, or configured to fit your area. Available in your choice of color. See page 7.

Description	Item #	Weight	Price
10 Station Course***	60019400	1650 lbs.	\$7,518
10 Station Course Sign Package	60019510	903 lbs.	\$2,660
Parallel Bars	60019401	150 lbs.	\$242
Parallel Bars Sign Package	60019451	90 lbs.	\$267
Vertical Ladder	60019402	150 lbs.	\$511
Vertical Ladder Sign Package	60019452	90 lbs.	\$267
Pull/Chin Up Bars	60019403	215 lbs.	\$629
Pull/Chin Up Bars Sign Package	60019453	90 lbs.	\$267
Stretching Post	60019404	80 lbs.	\$500
Stretching Post Sign Package	60019454	90 lbs.	\$267
Beam Run	60019405	325 lbs.	\$452
Beam Run Sign Package	60019455	90 lbs.	\$267
Jump Touch Beam	60019406	185 lbs.	\$539
Jump Touch Beam Sign Package	60019456	90 lbs.	\$267
Sit-up Bench	AFT13972	100 lbs.	\$1,015
Sit-up Bench Sign Package	60019457	90 lbs.	\$267
Balance Beams	60019408	105 lbs.	\$449
Balance Beams Sign Package	60019458	90 lbs.	\$267
Horizontal Ladder	60019409	390 lbs.	\$1,236
Horizontal Ladder Sign Package	60019459	90 lbs.	\$267
Spring Up Bars	60019410	140 lbs.	\$532
Spring Up Bars Sign Package	60019460	90 lbs.	\$267

\*\*\*Three panel sign package included with 10 station course \*\*\*Available in Spanish (10 Station Course only)

# superior SHAPE



## Superior Shape Warranty:

- Superior Shape warrants its equipment to be free from defect in materials and workmanship during normal use.
- Superior Shape Further Warrants the Following:
- Limited Lifetime Warranty on all Galvanized Steel Posts, Stainless Steel Hardware, and Aluminum Post Caps.
- Limited 10-Year Warranty on HDPE.
- Limited 1-Year Warranty on all Moving Parts and other material not covered above.

The warranty stated above is valid only if the equipment is installed in conformity with the installation instructions provided by Superior Shape using parts approved by Superior Shape. All parts are to be subject to normal use for the purpose of which the parts were designed. Prior to installation, the parts are not to be subject of vandalism, misuse, neglect or accident. Parts are not to be altered, modified or repaired by anyone other than Superior Shape.

This warranty does not cover cosmetic items (i.e. scratches, dents, fading, discoloring, weathering), paint or decorations, and normal wear and tear.

Superior Shape shall deliver the repaired or replacement part or parts to the site free of charge, but will not be responsible for labor or the cost of labor on replacing these parts. Replacement parts shall be covered under the original warranty.

This warranty is exclusive and is in lieu of all other warranties, whether expressed or implied, including but not limited to any warranty of merchantability or fitness for a particular purpose. Further, no representation, written or oral, of any Superior Shape sales representative may be substituted for the afore described exclusive limited warranty. To the extent permitted by law, Superior Shape shall not be liable for any direct, indirect, special, incidental or consequential damages, which are expressly excluded from this sale.

### HDPE Panel



### Powder Coated Finish



MADE IN THE  
**USA**



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TUBE & CONDUIT



s u p e r i o r  
**SHAPE**

Distributed by:  
Project Innovations Inc  
518 East Lemon Street Suite 400  
Tarpon Springs FL 34689  
Toll Free: 1.855-650-6818  
Local: 727-938-4422  
Fax: 727-939-8811

[www.myusaprojects.com](http://www.myusaprojects.com)  
[info@myusaprojects.com](mailto:info@myusaprojects.com)

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